

breakfast

THE STARGAZY
BAR & GRILL

Stargazy Pie (English) origin & history:
stargaze +/- y and pie, the upturned fish seeming to
stare skywards in this traditional cornish dish.

BREAKFAST

FULL CORNISH BREAKFAST £7.95

locally sourced sausages, bacon, eggs (fried or scrambled), baked beans, mushrooms, tomatoes and hash browns, served with white or granary toast

VEGETARIAN BREAKFAST £7.95

Quorn sausages, eggs (fried or scrambled), baked beans, mushrooms, plum tomatoes and hash browns, served with white or granary toast

VEGAN BREAKFAST £7.95

vegetable sausages, rocket, baked beans, mushrooms, plum tomatoes and hash browns, served with white or granary toast

SMALL / CHILDREN'S BREAKFAST £5.50

locally sourced sausage, bacon, fried egg, baked beans, and a hash brown.
served with white or granary toast

CHOICE OF FRIED OR SCRAMBLED EGGS ON TOAST £4.95

served with white or granary toast

BAKED BEANS ON TOAST £4.50

served with white or granary toast

FRIED OR SCRAMBLED EGG & BAKED BEANS ON TOAST £4.95

served with white or granary toast

SAUSAGE SANDWICH £4.50

served with white or granary bread

BACON SANDWICH £4.50

served with white or granary bread

EGG & BACON SANDWICH £5.50

served with white or granary bread

HOT DRINKS

AMERICANO £2.95

LATTE £2.95

CAPPUCCINO £2.95

FLAT WHITE £2.95

MOCHA £2.95

ESPRESSO £2.10

POT OF TEA £2.50

GREEN TEA £2.50

EARL GREY TEA £2.50

PEPPERMINT TEA £2.50

CAMOMILE TEA £2.50

HOT CHOCOLATE £2.95

DELUXE HOT CHOCOLATE £3.95

BABYCINO £1.00



ALLERGENS AND DIETARY REQUIREMENTS VEGETARIAN VEGAN GLUTEN FREE

Please use QR CODE for all allergen information. If you have any questions re allergens please ask a member of the team.

As our dishes are freshly made to order we can tailor ingredients to suit dietary requirements.

All weights quoted are approximate before cooking and fish dishes may contain small bones.

 we are pleased to offer gluten free options but we are not a gluten free kitchen, all items marked as gluten free may contain traces of gluten.